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Contact:

Sally Littlefair Zarafonetis
Media Consultant – Grand Rapids Women’s Health
616-656-5885
szarafonetis@gmail.com

Shelley Irwin
Morning Show Host WGVU
616-331-6712
irwinsh@gvsu.edu

**“All About Women”, Enlightening Women’s Health Series, Continues Third Year
on The WGVU Morning Show with Shelley Irwin**

Physician Dr. Robyn Hubbard OBGYN and Guests join Shelley Irwin every 4th Thursday morning at 9 a.m. for candid discussions on Women’s Health

GRAND RAPIDS, MI (February 24, 2011) – WGVU Radio, 88.5 fm, 95.3 fm (lakeshore) and www.wgvu.org will continue their hosting of the year long series, “All About Women”. New topics for the 2011 series will cover women’s health issues and how to best communicate these with children, a partner or spouse, and parents. The yearlong monthly segments will include “How to talk to your children” discussing issues like puberty, sexuality, and other modern day medical concerns for children, “How to talk to your partner” about sexually transmitted diseases, pregnancy issues, and libido, and “How to talk to your parents” about common health concerns like osteoporosis, heart attack and stroke, Alzheimers, and incontinence.

The series airs every fourth Thursday of the month from 9 – 9:30 a.m.

The regular series guest, Dr. Robyn Hubbard OBGYN, is a physician with Grand Rapids Women’s Health, a leading women’s health practice in West Michigan located in the Women’s Health Center of West Michigan along Michigan’s Medical Mile.

The series has proved to be a very helpful tool for discussing factual information about women’s health from puberty to elderly ages and everything in between. The series allows listeners to tune in to hear about an area of Women’s Health each month, in order to find out about unknown facts, resources and procedures, as well as, changing health care information and leading edge health reports.

The series airs on The WGVU Morning Show with Shelley Irwin. During the program Host Shelley Irwin will take calls on air from listeners to answer their questions. Dr. Robyn Hubbard and guests provide life stories and practical advice while also giving the latest statistics, trends, procedures, and health advice.

Grand Rapids Women's Health is a leading West Michigan women's health care provider with 15 physicians and diverse services dedicated to helping women through a lifetime of care. Grand Rapids Women's Health is a leading edge women's health practice and research institution offering obstetrics and gynecology services for women ages 12 - 90 and specialized urogynecological services and advanced procedures to help maintain quality of life for women of all ages.

The program schedule and yearlong topics for 2011 include:

A. How to Talk to Your Kids About...

- Puberty – March 24
- Periods – Getting started – April 21
- Sexuality – What's real in 2011 – May 26
- Teenage Issues of a Serious Nature - Cutting, Depression, Eating Disorders, Suicide and More – June 23

B. How do you talk to your Partner About...

- Pregnancy & STD's – July 28
- After Pregnancy Sexual and Libido Changes / Post Partum – August 25
- Sex – All the Things to Help – September 22
- Menopause – the myths, the facts, and the choices – October 27

C. How to Talk to you Mother About...

- Osteoporosis – November 24
- Heart Attack & Stroke – the warning signs – December 22
- Alzheimers – January 26, 2012
- Incontinence – February 23, 2012

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